

## [HERBALIFE FORMULA 1 VANILLA SHAKE RECIPES](#)



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Protein Cookie Dough! 1/4 Cup Oats 1/2 Scoop Herbalife Vanilla Formula 1, 1 Tbsp Coconut Flour 2 Tbsp Unsweetened Applesauce 2 Tbsp Unsweetened Almond Milk 1/4 Tsp Almond Extract 1/4 Tsp Butter Extract 1-2 Packets of Stevia 1/2 Tbsp of Carob Chips/Dark Chocolate (also added two chopped almonds for added texture) Just as with other cookie dough recipes, measure out dry ingredients and pour into bowl. Add wet ingredients and stir well. Stick in fridge for about 30 minutes or freezer for 10min.

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### **HERBALIFE Formula 1 Recipe Ideas treats shakes and more**

Herbalife Formula 1 Vanilla Blend Jelly and water (water needs to be just warm enough to mix Jelly). Add Formula I and Herbal Aloe Juice when Jelly mix is about room temperature.

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